



Lax Kxeen Elementary School

PO Box 520, 601 William Booth Way
Prince Rupert, B.C. V8J 3R7

Phone: 250-624-6218
Fax: 250-627-7030

Newsletter #5

January 7th, 2026

*Happy New Year! Ama Su K'ol! to our Lax Kxeen Families!
We hope you enjoyed a restful Winter Break and are so happy to see your
child(ren) back at Lax Kxeen.*



FAMILY LITERACY WEEK

Each January, families, schools, libraries, and communities across BC celebrate Family Literacy Week. This year we celebrate Family Literacy Week January 25th-February 1st. The theme for this week is "Make mealtime family learning time." For ways to participate at home please visit <https://decoda.ca/get-involved/family-literacy-week/> for ideas and information. Stay tuned for more information on literacy activities &/or events this month.

CHOCOLATE LILY

Thank you to our Lax Kxeen PAC for supporting the Chocolate Lily. The Chocolate Lily Book Awards is a young readers' choice award that encourages grade school students to read and enjoy some of the best fiction by British Columbia's authors and illustrators. The Chocolate Lily program sparks a love of reading in the reluctant reader and enriches the strong reader's passion for books. By introducing students to the best of B.C. children's fiction, it encourages a love of reading that will last a lifetime. This year we were very fortunate to be the recipient of a complete set of books!

HOT SOUP LUNCHEON

Mrs. Guadagni will be holding a hot lunch fundraiser to raise money for school-wide events and supplies. Lunch will consist of a bowl of chicken noodle soup, a bun and a juice box. The suggested cost of this lunch is \$5 or by donation (pay what you can). Forms will be sent home shortly and will be due back by Thursday, January 14th. The lunch will be held on Thursday, January 22nd.

BASKETBALL COACHES NEEDED

Basketball season is starting soon. If you are interested in volunteering to coach or help with the Grade 4 & 5 boys and girls basketball this year, we would love to have your help. Please let the office know. Thank you very much!

PROFESSIONAL DEVELOPMENT DAY

Friday, January 23rd, 2026, is a professional development day of learning for teachers, which means there is no school for students on this day.

BAKE SALE FOR WILDLIFE SHELTER

Thank you again to Mrs. Kowal & Ms. Bernhardt's class for donating bake sale items. A big thank you to Mrs. Rose for organizing and students for helping out. This bake sale raised over \$500, which was donated to the local wildlife shelter. Thank you to our Lax Kxeen School Community for supporting such a worthwhile initiative.

Grade 4 & 5 Ski Trip

The ski trip will be offered again to Grades 4 & 5 students. A letter & permission form has been sent home this week. The cost is \$40 per child. The Ski trip this year is scheduled for March 5th. If you have any questions, please don't hesitate to contact the school.

Cupcake Sales for Ski Trip

There will be cupcake sales for the upcoming ski trip for Grade 4/5 students. The sales will be held on Tuesday January 13th, 20th & 27th. Cupcakes are \$1 each. Each Grade 4/5 class will be responsible for bringing cupcakes to sell for their day.

January 13th- Mrs. Kowal's class

January 20th- Mr. Einarson's class

January 27th- Ms. Bernhardt & Ms. Moro's class

Thank you in advance for your support. 😊

WEATHER / SUPERVISION

Please help us keep your child(ren) safe, warm, and dry (and therefore healthy) by encouraging them to come to school dressed for the weather. Please remember to label your children's jacket, snowpants/ rain pants etc. Unless it is severe weather, we are outside at recess and again at lunch.

It may be helpful to have a set of spare clothes kept at school in case your child(ren) becomes wet during the day. If you need a winter jacket, toque or mitts for your child(ren), please let the school know as we have some available to gift to your child(ren).

Also, a reminder that our school Breakfast Club and Library are not available until 8:30am. Outside supervision is only offered at the front of the school from 8:40am by a rotating staff member; there is no supervision in the undercover area at this time. Thank you for your understanding. 😊

LUNCH TIME

Just a reminder that staying for lunch is a privilege. Students are reminded that the same expectations apply at lunch. Additionally, please remember to send your child(ren) with utensils, when possible and pack foods that your child(ren) can be independent with eating that do not require a microwave. Thankyou!

MDI

Just a reminder that students in Grades 5 will be participating in the MDI (Middle Years Development Instrument) later this month. This is a voluntary questionnaire that gathers information from children Grades 5 to 8 on aspects of social and emotional development and well being. Letters were sent home to families before the winter break. If you **do not** wish for your child(ren) to participate in this questionnaire, please sign and return the form provided. Thank you!

FAMILY SMART

Family Smart will be offering several online sessions from their 'InTheKnow' series. Family Smart is a non-profit organization that supports parents and caregivers of children and youth facing mental health and/or substance use challenges. Their

work is grounded in compassion, connection and lived experience. This is a free resource available to all parents and caregivers. January 2026 session topics include:

1. Connecting with Our Kids When Anxiety Leads to Social Isolation
2. Supporting Safety at Home When Your Child Has a Mental Health Crisis,

Please see the link below for more information and to register.

<https://familysmart.ca/online-events/>

SCHOOL SUPPLIES FEE

It's not too late to pay the annual school supply fee! Lax Kxeen is requesting \$35 for students in kindergarten to Grade 2, and \$40 for students in Grades 3 to 5.

Payment can be made in cash at the front office, as well as electronic money transfer (EMT) eflaxkxeen@sd52.bc.ca

LUNCH FORMS

A reminder to families that access the lunch program. Please sign and return lunch forms if you want your child(ren) to receive a school lunch. You can sign up for a full year or monthly/ quarterly. There are various options to sign up and make contributions to the program. For more information please contact mealprograms@sd52.bc.ca or call the school directly.

PARENT ADVISORY COMMITTEE (PAC)

The PAC is a group of volunteers who meet once a month to discuss and plan events to enhance Lax Kxeen student school experiences. As a Lax Kxeen parent or guardian, you are invited to join a monthly meeting. We will be meeting on Wednesday, January 21st in the Library at 6:30pm. We *hope to see you there!* A big thank you to all of the supporters who came out to the Winter Craft Night and purchased raffle basket tickets. The PAC raised \$1750.00. Thank you again to all the families who donated items for the baskets.

PAC HOT LUNCH

The PAC is looking at having Vihann's hot luncheon this month. Forms will go out shortly and will be due back on Thursday, January 22nd. The lunch will take place on January 30th. Thank you in advance for supporting the PAC.

POPCORN FRIDAYS

Thank you again to those who have signed up to help with making popcorn on Fridays. We are reaching out for parent volunteers to keep the program running. Volunteer numbers have been low, so if you have a couple of hours on a Friday morning you can spare, we would greatly appreciate your help. The kids really look forward to Popcorn Friday's and if you are able to volunteer, please consider signing up with the link below.

<https://www.signupgenius.com/go/10C084AA4AD2AA3F4CF8-48866540-popcorn#/>

If you have questions regarding this, please feel free to email us at:

laxkxeenpac@gmail.com

SPIRIT DAY

Friday, January 30th will be crazy hat day. Students are encouraged to wear a fun hat or hair accessory.

LAX KXEEN ROCKS

Lax Kxeen continues to work on their school beliefs: Respect, Ownership, Community, Kindness & Success. We review these during our morning announcements and students consider what it looks like to demonstrate these

values inside & outside of the school as well as in their community. This month we are focusing on the C for Community.

USING YOUR WITS

Students are also encouraged to work on using the WITS Program, a strategy to help students independently deal with peer conflicts. WITS stands for **W**alk Away, **I**gnore, **T**alk It Out, **S**eek Help. Please review this with your child(ren) and encourage them to use these strategies if they encounter peer conflicts. In addition, please remind your child(ren) that adults on supervision wear visi-vests and are trusted adults that they can go to for help. *Thank you for helping our students become independent and stay safe and respectful during unstructured break times.*

LAX KXEEN FACEBOOK

on Facebook; search (Lax Kxeen Elementary School). 

IMPORTANT DATES TO NOTE

Tuesday, January 13th	Cupcake sale (Mrs. Kowal's class hosts)
Tuesday, January 20th	Cupcake sale (Mr. Einarson's class hosts)
Tuesday, January 27th	Cupcake sale (Mrs. Moro & Ms. Bernhardt's class hosts)
Thursday, January 14th	Forms for Hot Lunch (Chicken Noodle Soup) due
Thursday, January 22nd	Hot lunch (Chicken Noodle soup)
Thursday, January 22nd	Forms for the PAC hot lunch due
Friday, January 30th	PAC hot lunch (Vihann's Pizza)
Friday, January 23rd	Pro D Day – No School for Students
January 25 th - February 1st	Family Literacy Week Activities- Stay Tuned 😊
Friday, January 30th	Spirit Day-crazy hat day

Mrs. Guadagni
Principal